

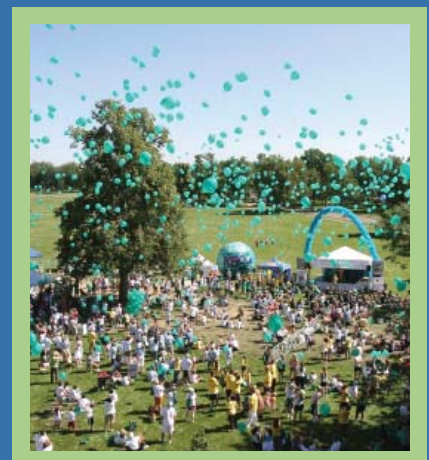
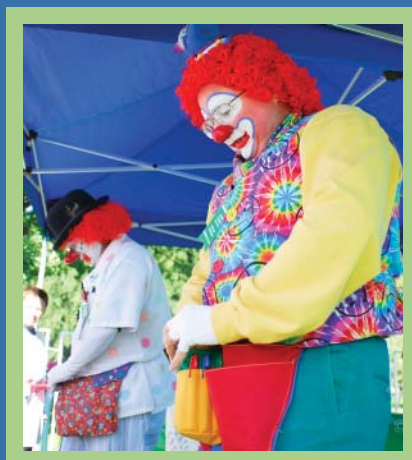


Donor Dash Team Packet

HONOR.
CELEBRATE.
RECOGNIZE.

For runners, walkers, and the entire family to honor the lives of organ and tissue donors, celebrate the lives of organ and tissue recipients, and recognize those waiting for a lifesaving transplant.

Create your Donor Dash team of 10 or more participants today! The largest community and corporate team will be awarded prizes.



Need Help? Need Information?

Forming Your Team/Building Race Spirit

Forming & Managing Your Team

- A team may consist of family members, friends, co-workers, community members, recreational or club buddies (anyone you have a connection to is fair game!)
- Ten individuals make up a team.
- Use team promotional cards to advertise and increase your team.
- Announce the official meeting place and time for your team on race day.
- Distribute course maps and parking information.
- Suggest car-pooling.



Building Team Spirit

- Create your own team name that signifies your spirit and unique qualities.
- Make posters, banners or flags to carry on race day.
- Design your own team T-shirt to distribute to team members.
- Plan a post-race party to celebrate your accomplishments.
- Promote friendly competitions between different organizations, clubs or communities.
- Take a team photo on race day. *(no professional team photos will be taken this year)*

Pick Your Race

Team members do not need to choose the same race, each member may enter whichever race best fits their athletic ability.

- 7:45 a.m. - 1K Family Run (0.62 miles)
A non-competitive run/walk for the whole family, ages 4 years & up.
- 8:00 a.m. - 5K Run/Walk (3.1 miles)
A timed run/walk through Denver's historic Washington Park sponsored by American National Bank. Strollers are allowed.
- 9:15 a.m. - Diaper Dash
An adorable "crawlathon" for children ages 3 years and under in TCH Heart Institute Kids Area.

DATES TO REMEMBER

| | |
|-----------------|--|
| July 6: | Donor, recipient and transplant candidate names due for 2009 Commemorative Poster |
| July 6: | Donate Life Garden Memorial Sign & Race Course Inspirational Sign orders due |
| July 13: | All mail-in and on-line registration forms for teams must be received by this date |
| July 16: | Team Packet pickup at Wells Fargo Bank (400 S. Colorado Blvd.) from 9:00 a.m. - 5:00 p.m. |
| July 17: | Team Packet pickup at Wells Fargo Bank (400 S. Colorado Blvd.) from 9:00 a.m. - 12:00 p.m. |
| July 19: | RACE DAY at Washington Park! |

Team Registration Information

Entry Fees, Rewards & Awards, Etc.

Entry Fees (Prior to Race Day)

- Children (under 3 years) - FREE
- Youth (ages 3-17) - \$15
- Adults (ages 18-59) - \$35
- Seniors (ages 60+) - \$15

Each Paid Registration Includes:

- Donor Dash 2009 T-shirt
- 10th Annual Donor Dash Commemorative Poster
- Awesome refreshments and activities in our Post Race Expo Area
- Music, games and giveaways in TCH Heart Institute Kids Area
- Access to the Donate Life Garden - *sponsored by The Limb Preservation Foundation*



Rewards and Awards

- The top three male and female finishers in each division will be sent a commemorative award following the event. For more details on age division awards, please visit DonorAlliance.org/DonorDash.
- Every Team Captain will receive our 2009 Team Captain's gift. (*sent post-race*)
- A special commemorative item will be awarded to the largest community and corporate teams.

Directions

- Take the Downing Street Exit from I-25
- Turn north on Downing Street
- Turn right onto Louisiana Avenue (*the park is located on your lefthand side*)
- Take your first left at Gilpin Street
- Make a right into the South High School Parking Lot (*or locate street parking in surrounding area*)
- Walk to the E. Mississippi Avenue / Franklin entrance to the park

Parking

- Free parking is available in the South High School parking lot located on the corner of E. Louisiana Avenue and S. Gilpin Street. If the lot is full, please utilize street parking in the surrounding area.

Schedule of Events

- 7:45 a.m. - 1K Family Run/Walk
- 8:00 a.m. - 5K Run/Walk (*sponsored by American National Bank*)
- 9:15 a.m. - Diaper Dash
- 9:30 a.m. - Recognition Ceremony
- 10:15 a.m. - Balloon release
honoring donor families, recipients, and transplant candidates

What is Required to Complete Team Registration?

- Appoint a Team Captain (*A team has to have at least 10 paid registrations*).
- Each team member must complete and sign a separate registration form.
- Check forms for accuracy:
 - Is the waiver signed?
 - Is a T-shirt size designated?
 - Is a race designated?
- Compile all registration forms and payments (cash or check - made payable to "Donor Alliance")
- Complete and submit the attached Team Reconciliation Form.

Team Mail-in Registration

Mail-in registrations must be received **by Monday, July 13, 2009**. Mail team registration materials in care of:

Donor Dash
3243 S. Niagara Street
Denver, CO 80224

Team Online Registration

All online registration must be received **by noon on Monday, July 13, 2009**

To create a team (as team captain)

- Go to: DonorAlliance.org/DonorDash
- Click on "Create A Team" beneath the Team Registration section (*you will be directed to Active.com*)
- Click on the "Create Your Team" button in the upper right-hand corner, login, and follow the prompts
- Team Captains must create an Active.com login to create and manage a team online
- Remember your login information to access and manage your team online through MyActive

To register **onto** a team

- Go to: DonorAlliance.org/DonorDash
- Click on "Join A Team" beneath the Team Registration section (*you will be directed to Active.com*)
- Click on the "Register Now" button in the upper right-hand corner and follow the prompts
- Select your desired team's name from the scroll box during registration

All online and mail-in registrations will be processed in the same manner.

Team Packet Pick Up

Team Packet Pick Up will be held on Thursday, July 16, from 9:00 a.m. - 5:00 p.m. and Friday, July 17 from 9:00 a.m. - 12:00 p.m. at:

Wells Fargo Bank - 2nd Floor Conference Room
400 S. Colorado Blvd., Glendale, CO 80246
(S. Colorado Blvd. and Alameda Avenue)

10th Annual Donor Dash Sunday, July 19, 2009

TEAM REGISTRATIONS MUST BE RECEIVED BY MONDAY, JULY 13, 2009

ONE ENTRY PER FORM, PLEASE

(Please print)

CHECK ONLY ONE EVENT PER ENTRY

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Day Time Phone _____

Male Female Age on Race Day _____

Email Address _____

**5K Run/Walk
(3.1 miles)**
timed run/walk for all ages through
historic Washington Park

**1K Family Run/Walk
(0.62 miles)**
non-competitive event for ages
4 & up

Diaper Dash
for children ages 3 & under located
in TCH Heart Institute Kids Area

IMPORTANT: You must provide your email address if you would like to have your personal race results emailed to you following the race.

For Office Use:

BIB NUMBER

| | | | | |
|----------------------|----------------------|----------------------|----------------------|----------------------|
| <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
|----------------------|----------------------|----------------------|----------------------|----------------------|

Please Note: If you are registering more than one person, photocopy this form as many times as needed. Payment may be made for all those registering for your team with one check.

MAILING INFORMATION

Entries must be RECEIVED
no later than **Monday, July 13**

Please make checks
payable to:
Donor Alliance

Mail to:
Donor Dash
3243 S. Niagara Street,
Denver, CO 80224
(Not a walk-in registration location)

**T-SHIRT
SIZE**

- YM**
Youth Medium
- S**
- M**
- L**
- XL**
- XXL**

ENTRY FEE

includes race shirt
Cash or Checks Only

| | Before 7/19 | On 7/19 |
|-----------------------|-------------------------------|-------------------------------|
| CHILDREN (under 3) | <input type="checkbox"/> FREE | <input type="checkbox"/> FREE |
| YOUTH (3-17) | <input type="checkbox"/> \$15 | <input type="checkbox"/> \$20 |
| ADULT (18-59) | <input type="checkbox"/> \$35 | <input type="checkbox"/> \$40 |
| SENIORS (ages 60+) | <input type="checkbox"/> \$15 | <input type="checkbox"/> \$20 |

PACKET PICK-UP LOCATION

YOU MUST SELECT A PACKET PICKUP LOCATION TO PICK
UP YOUR RACE MATERIALS:

Failure to select a location and/or entries received after
Monday, July 13 must pick up on Race Day.

- WELLS FARGO BANK**
400 S. Colorado Blvd., Denver
2nd Floor Conference Room
Thursday, July 16 from 9:00 a.m. - 5:00 p.m.
Friday, July 17 from 9:00 a.m. - 12:00 p.m.
- RACE DAY, JULY 19**
Online/Mail-In Registration Tent
Beginning at 7:00 a.m.

WAIVER & RELEASE

WAIVER & RELEASE: I understand, acknowledge and agree that participating in the 2009 Donor Dash (hereinafter the "Event"), is a hazardous activity and involves physical risk to me. I hereby certify that I am and will be physically fit on the day of the Event. I acknowledge and assume any and all other risks associated with participating in the Event including, but not limited to, illness, traveling to and from the Event, falls, contact with spectators or other participants, vehicle traffic along the course, the effects of the weather (including temperature extremes and humidity), and the surface condition of the roads and sidewalks. I agree to abide by any decision of any Event official relative to my ability to complete this event safely. In consideration of the acceptance of my entry, I, for myself, my heirs, representatives and successors hereby waive, release, discharge, hold harmless, promise not to sue Donor Alliance, City and County of Denver, The Downing Group, Inc., any and all sponsors, suppliers, volunteers and others associated with the Event (hereinafter "Released Parties") from all harm, damages or liabilities which I may suffer or which may be sustained by me, directly or indirectly, relating to or arising out of my participation in or association with the Event. This release includes, but is not limited to any harm, damage or liability that may arise out of the actions, inactions, negligence or carelessness on the part of Released Parties. I agree not to sue any of the Released Parties for any of the claims that I have waived, released, or discharged herein. I agree to hold harmless and indemnify the Released Parties from any and all expenses incurred, claims made, or liabilities assessed against them, including but not limited to attorneys' fees and litigation expenses, arising out of or resulting from, directly or indirectly, in whole or in part, my breach or failure to abide by any part of this Waiver Agreement. If signing as a parent, guardian or agent on behalf of a minor participant, I certify that I have the actual authority to sign this Waiver on behalf of such minor. I also understand and give permission to the Released Parties to use my name or images of my participation in this Event for publicity or promotional purposes, without liability or obligation to compensate me. By providing my email address, I give permission to the Event and its owners to communicate with me via this method. If after the Event, I wish to remove my email address from the Event's list, I will be able to do so.

Signature of Participant

Signature of Parent or Legal Guardian (for participants under age 18)

2009 Donor Dash Team Reconciliation Form

Team reconciliation form, payment and all signed registration forms must be received no later than **Monday, July 13, 2009**.

| | |
|--|--|
| Team Name | |
| Total Number of Team Members | |
| Team Captain Name | |
| Phone (<i>Day/Evening</i>) | |
| Email | |
| Organization Name (<i>if applicable</i>) | |
| Street Address | |
| City, State, Zip | |

T-Shirts

| Size* | Quantity Needed |
|----------------|-----------------|
| Youth Medium | |
| Adult Small | |
| Adult Medium | |
| Adult Large | |
| Adult X-Large | |
| Adult XX-Large | |

We will do our best to fill you t-shirt order. We cannot guarantee availability of all sizes.

Race Registrations

| Price | Number of Registrants | \$\$ Total |
|--|-----------------------|------------|
| Children (<i>under 3 years</i>) - FREE | | FREE |
| Youth (<i>ages 3-17</i>) - \$15 | | |
| Adult (<i>ages 18-59</i>) - \$35 | | |
| Seniors (<i>ages 60+</i>) - \$15 | | |
| TOTALS | | |

