**2019 Donor Dash Social Media Sample Posts**

**Facebook**

@[DonateLifeColorado](https://www.facebook.com/DonateLifeColorado/) and @[DonateLifeWyoming](https://www.facebook.com/DonateLifeWyoming/) on Facebook

**Facebook #1**

Lace up your shoes for a fun 5K run/walk in Denver’s Wash Park! The 20th Anniversary Donor Dash on July 21st honors the thousands in our community who have been impacted by organ, eye and tissue donation. [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Facebook #2**

Have you ran in the Donor Dash? This 5K run/walk honors and celebrates people in our community whose lives have been touched by organ, eye and tissue donation. It’s coming up on July 21st! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Facebook #3**

Do you know anyone who has received a transplant? The Donor Dash 5K run/walk coming up on July 21st celebrates those in our community who have received a second chance through organ, eye and tissue donation! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Facebook #4**

On July 21st, thousands will gather at the Donor Dash to honor, celebrate and recognize those in our community who have been touched by organ, eye and tissue donation. Register as an individual or form a team today! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Facebook #5**

Lace up your shoes and join us on (TEAM NAME) at the 20th Anniversary Donor Dash as we honor, celebrate and recognize those who have been touched by organ, eye and tissue donation on July 21st! Join (TEAM NAME) today at [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Twitter**

@[DonateLifeCO](https://twitter.com/DonateLifeCO) and @[DonateLifeWY](https://twitter.com/DonateLifeWY) on Twitter

**Twitter #1**

Have you or a loved one been touched by organ, eye or tissue donation? Don’t miss the #DonorDash 5K on July 21st at Denver’s Wash Park! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Twitter #2**

Do you know anyone who has received a lifesaving organ transplant? Celebrate life at the #DonorDash 5K on Sunday, July 21st at Denver’s Wash Park! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Twitter #3**

Do you have a heart on your license? Celebrate organ, eye and tissue donation at the #DonorDash 5K on July 21st at Wash Park! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)

**Twitter #4**

Celebrate life at Denver’s Wash Park on Sunday, July 21st at the #DonorDash 5K! [www.DonorAlliance.org/DonorDash](http://www.DonorAlliance.org/DonorDash)